## **EDUCATION**

Master of Science, Physician Assistant Studies

August 2018- December 2020

York College, CUNY

Bachelor of Arts, Neuroscience and Biology

August 2014 - May 2018

Macaulay Honors College and Queens College, CUNY

## PROFESSIONAL LICENSURE, MEMBERSHIPS, AND CERTIFICATIONS

**	NCCPA Certification	2021
*	New York State Physician Assistant License	2021
**	American Academy of Physician Assistants (AAPA) member	
*	New York State Society of Physician Assistants (NYSSPA) member	
*	Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS)	2019
*	NIH Stroke Scale Group A	2019

## **CLINICAL EXPERIENCE**

## Family Medicine Rotation

January 2020- February 2020

SSS Family Medicine, Preceptor Dr. Sophia Street-Smalls

- ❖ 5-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Measured vital signs, elicited patient histories, performed physical exams, participated in patient education, conducted specimen collections, performed venipuncture and EKGs, administered injections, determined differential diagnoses, assisted in creating treatment plans, and documented using eClinicalWorks electronic medical record

## **Internal Medicine Rotation**

February 2020-March 2020

North Shore University Hospital, Preceptor Victor Dyreves, PA-C

- 5-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Included 1 week in MICU, 3 days with general neurology and neurology stroke teams, 2 days in hematology/oncology, 1 day with endoscopy teams, 2 days in the cardiac catheterization lab, 3 days in the emergency department in addition to the internal medicine floors
- Elicited patient histories, performed physical exams, administered injections and PPDs, called consultations, inserted and removed NG tubes and Foley catheters, removed arterial lines and shiley catheters, performed ABGs, venipuncture, and bladder scans, assisted in creating treatment plans, presented patients in MICU rounds, and documented patient progress and discharge notes using Sunrise electronic medical record

## **Ambulatory Care Rotation**

June 2020

Centers Urgent Care, Preceptor Sharjeel Shaw, PA-C

- ❖ 4-week clinical rotation completed as part of physician assistant student clinical training
- Measured vital signs, elicited patient histories, performed physical exams, participated in patient education, conducted specimen collections, performed venipuncture and EKGs, administered injections, delivered laceration care, determined differential diagnoses, assisted in creating treatment plans, and documented using eClinicalWorks electronic medical record

## Pediatric Medicine Rotation

June 2020 - July 2020

Queens Hospital Center, Preceptor Dr. Marcy Stein-Albert

4-week clinical rotation completed as part of physician assistant student clinical training

- ❖ Included 2 weeks in the pediatric emergency department, 1 week in the pediatric clinic with primary care and specialty (pulmonology, endocrinology, adolescent medicine, genetics, and neurology) experiences, and 1 week in the NICU
- Measured patient vital signs, elicited chief complaint and HPI, collected medical history, conducted pediatric physical exams, performed venipuncture, straight catheterization, and peripheral IV placement, observed cesarian section and high-risk vaginal deliveries, and performed newborn screenings

# **Psychiatry Rotation**

July 2020 - August 2020

Queens Hospital Center CPEP, Preceptor Amil Alie, PA-C

- ❖ 4-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Conducted initial psychiatric interviews in triage, performed mental status and suicide risk evaluations, re-evaluated patients daily, conducted consultations in the medical emergency department and inpatient floors, gathered collateral patient information, documented evaluation notes in the EMR, and worked with providers to create treatment plans and disposition

## Surgery Rotation

August 2020 – September 2020

New York Presbyterian/Queens Hospital, Preceptor Alice Ngai-Tsang, PA-C

- ❖ 4-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Included 2 weeks in general surgery, 3 days in urology, 3 days in neurosurgery, and 1 week in vascular surgery
- Performed pre-op and post-op patient evaluations, demonstrated proper scrub technique, participated in open, laparoscopic, and robotic surgeries, closed incision sites using simple interrupted, buried, and subcuticular suture techniques, placed foley and Coudé catheters, inserted nasogastric tubes, performed venipuncture and peripheral IV placement, presented patients on morning rounds, and responded to trauma calls

# Long-Term Care Rotation

September 2020 – October 2020

Far Rockaway Center for Rehabilitation and Nursing, Preceptor Pam Cornacchia, PA-C

- ❖ 4-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Performed daily checks on residents, conducted monthly evaluations, placed foley catheters, removed midlines and PICC lines, counseled patients for smoking cessation, provided patient education concerning diagnoses, prognosis, and treatments, participated in wound rounds and daily team meetings, reviewed specialist consultation notes, and worked with provider to form and adjust patient treatment plans

#### **Emergency Medicine Rotation**

October 2020 – November 2020

New York Presbyterian/Queens Hospital, Preceptor Dr Anita Lui

- 5-week clinical rotation completed as part of physician assistant student clinical training
- ❖ Included shifts in regular, critical, and pediatric emergency departments

#### OB/GYN Rotation

November 2020 – December 2020

Queens Hospital Center

❖ 5-week clinical rotation completed as part of physician assistant student clinical training

## PROFESSIONAL EXPERIENCE

#### Medical Assistant

April 2017- June 2018

StatMD Urgent Care, New Hyde Park

- Checked in patients and gathered demographic and insurance information
- Collected vitals, patient history, culture samples, and document the patient's visit
- ❖ Performed venipuncture, EKGs, rapid strep, flu, mono, and blood glucose tests, urinalyses, and assisted the physician with procedures when necessary

CUNY Queens College Psychology Department Statistics Tutor

January 2017- August 2018

- ❖ Assisted undergraduate statistic students with statistics concepts
- ❖ Incorporated a range of different learning techniques individualized to each student
- ❖ Performed administrative duties for the statistics tutoring program

# Macaulay Honors Freshman Colloquium Teaching Assistant August 2016- December 2018

- ❖ Served as a knowledgeable resource for incoming freshmen
- Prepared tips and advice for students before each class session and led discussions on weekly material

#### **Medical Assistant**

October 2016- December 2016

Theodora Panteloglou, DO

- Collected and updated patient information
- Cleaned and prepared examination rooms and tools for each appointment
- Conducted hearing and vision tests for patient physicals
- ❖ Assisted with vaccinations and nebulizer treatments when necessary

# VOLUNTEER EXPERIENCE

#### Medical Mission Volunteer

August 2019

**FNE International** 

- Travelled to Peru to provide medical care in the setting of five pop-up clinics in villages with insufficient access to medical care
- ❖ Measured vital signs (blood pressure, pulse rate, respiratory rate, height, and weight)
- Collected patient histories and performed physical exams under the supervision of licensed medical providers
- Diagnosed, created treatment plans, dispensed medications, and provided instructions for patients on discharge

#### Emergency Room Volunteer

December 2016- September 2017

Jamaica Hospital Medical Center

- ❖ Provided information for patients and tended to non-medical needs
- Prepared beds and examination areas for patients
- Completed tasks for physicians, physician assistants, and nurses

## Nursing Home and Physical Therapy Volunteer

February 2016- September 2017

Ozanam Hall Rehabilitation and Nursing Home of Queens

- ❖ Interacted with patients to assure that their needs are met
- Completed tasks for nurses and assist physical therapists with basic techniques
- Translated for Greek-speaking patients
- \* Transported patients between different departments

# RESEARCH EXPERIENCE

# Research Assistant

May 2016- Present

Stress in Pregnancy (SIP) Study, PI Dr. Yoko Nomura

- Performed psychological and physiological assessments of children to determine how stress affects postnatal development
- Collected biological specimens (hair, nails, saliva) from participants
- Gathered physiological information by performing EKGs and measuring electro dermal activity
- Conducted Mini-International Neuropsychiatric Interview (MINI) and the Preschool Age Psychiatric Assessment (PAPA)
- Coordinated participant assessments and interviews and communicated with participants regarding scheduling and compensation

- Organized and updated the SIP Study website and Facebook page
- Projects:
  - The Impact of Gestational Diabetes Mellitus on Placental Neurodevelopmental Gene Expression (Poster, first author)
  - o Prenatal Malnutrition and Mental Health: Famine Research and Future Directions for Human and Rodent Models (Poster, contributing author)
  - Examining the Impact of Prenatal Cannabis Exposure on Postnatal Cortisol Levels in Children (Poster, first author)
  - Examining the Impact of Prenatal Cannabis Exposure on Postnatal Cortisol Levels and Electrodermal Activity in Children (Thesis)

#### POSTERS AND PRESENTATIONS

## 31st Sigma Xi Honor Society Research Day Poster Session

**April 2017** 

❖ The Impact of Gestational Diabetes Mellitus on Placental Neurodevelopmental Gene Expression

## Queens College Psychology Fall Kick-Off Poster Session

August 2017

Prenatal Malnutrition and Mental Health: Famine Research and Future Directions for Human and Rodent Models

# 32<sup>nd</sup> Sigma Xi Honor Society Research Day Poster Session

*April* 2018

Examining the Impact of Prenatal Cannabis Exposure on Postnatal Cortisol Levels in Children

#### **PUBLICATIONS**

Prenatal Exposure to Famine and Risk for Development of Psychopathology in Adulthood: A Meta-Analysis

K. Dana, J. Finik, S. Koenig, J. N. Motter, W. Zhang, M. Linaris, J. C. Brumberg, Y. Nomura. Prenatal Exposure to Famine and Risk for Development of Psychopathology in Adulthood: A Meta-Analysis. Journal of Psychiatry and Psychiatric Disorders 3 (2019): 227-240.

# HONORS AND DISTINCTIONS

Provost Scholar
Psi Chi International Honor Society in Psychology Membership
Dean's List Scholar

32<sup>nd</sup> Sigma Xi Research Day Best Poster Award
Thomas E. Frumkes Award in Psychology Research

October 2017
November 2016- May 2018
7 Academic Semesters
April 2018
May 2018

## **SKILLS**

- ❖ Proficient in Microsoft Office applications, Google applications, SPSS, Aprima, eClinicalWorks, AllScripts, and Sunrise
- Fluently speaks/reads/writes Greek; communicates basic Spanish/medical Spanish

#### REFERENCES AVAILABLE UPON REQUEST